

## Any actor would enjoy portraying me on screen: **Anjum Chopra**

On her birthday 20.05.2017, former captain of the Indian Women Cricket Team, **Anjum Chopra** talks about her journey as a cricketer, her plans to write a book and what keeps her busy after retirement.



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*“Challenges were immense right from the start  
The biggest being balancing studies and sport”*

Former cricketer **Anjum Chopra** is set to accompany the Indian women cricket team to the UK for the ICC Women’s Cricket World Cup in June 2017

. “I am empanelled by the ICC for commentary. It’s been a good journey so far as I have had the chance to interact and learn from the world’s best cricketers and broadcasters,” she says.

She adds that it ( becoming World Champions ) can only be achieved if a “good systematic process” is in place in the country.

“I interact with young minds and people in the administration that *both studies and sports are equally important*. They complement each other and help in an overall development of the student,” she adds.

According to Anjum, in any sport “physical training is extremely essential”. Her advice to budding sportspersons is: “**Don’t take shortcuts** because training sets you up for bigger challenges in the field. It helps in skill enhancement and helps you become mentally strong, too.”

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click : alumna Cricketer Anjum inducted as Member MCC London